



Community Lutheran Church

3575 East Valley Parkway
Escondido, CA 92027-5227

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August, 2011 Newsletter

ADDRESS SERVICE REQUESTED

Rev. Dr. Charles Keturakat
Founding Pastor

Rev. William R. Vogelsang Jr.
Pastor

Rev. Dr. Mark Logid
Stephen Ministry Liaison

Joel Beyer
Vicar

Dayton Dangel
Deacon

Jim Meyer
Director of Christian Education

Kristen Beyer
Director of Outreach

Chris Ryan
Director of Drama Ministries

Sharon Boyer
Director of Preschool Education

Sarah Grainger
Office Manager

Donna Hinke
Ministries Coordinator
Church Office - **Debbie Lundberg**
Preschool Office - **Linda Trzinski**

Joan Capito
Sunday School Coordinator

Margaret Simonsen
Parish Nurse

COMMUNITY LUTHERAN CHURCH

Sunday Morning Worship Times

7:45 a.m., and 10:00 a.m.

Sunday School and Adult Bible Study

9:00 a.m.

Church Office Hours

9:00 a.m. to 4:00 p.m.

Monday - Thursday

CLOSED FRIDAY

1-760-739-1650

Fax 1-760-739-8655

Church Website

Website Address: <http://www.clcesc.org/>

Weekly Online Version of the E-News
<http://www.clcesc.org/enews.htm>.

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PASTOR'S LETTER



Community Lutheran Church

Dear Friends in Christ,

August is a strange mix of traditional summer activities and the reawakening of our normal ministry schedule. Some of us are finishing up our summer vacation trips. Others are enjoying the last relaxing days before the school routine begins again.

I want to focus this letter on our upcoming services on Sunday, September 11th. This will be the 10th anniversary of that fateful day, and it is appropriate that we should commemorate it. Our regular morning services will capture the somber nature of the day as well as the celebration of how our Lord has sustained us during these past years. All of our choirs are preparing special music to honor our country and our Lord Jesus on that morning. This is an excellent time to invite family and friends to join us in what promises to be a memorable day of worship. Please note the invitation in this newsletter to join in our celebration choir that morning.

August 24th, marks the resumption of the men's and women's Wednesday morning Bible classes. This year our class will be broken into three parts. We will begin with the study of Malachi, the last book of the Old Testament. Next we will focus on the years following Malachi, also called the intertestamental period. Finally we will study Matthew, the book that begins the New Testament.

That same week marks the first of our rehearsals for the adult and children's vocal choirs and the bell choir. If you have ever thought of joining, this is the year to give it a try!

Now is the time for committing time and talents to make the Gospel come alive in your life, in the life of your church family, and in the communities we live in. Jesus is challenging you to deepen your relationship with Him. Let us help you make that happen.

In His service,

Pastor

DEAR BROTHERS AND
SISTERS IN CHRIST,

Even though it still feels like summer, our new school year will begin in August, along with most of the area school districts. Preschool will be closed August 15-19 for the annual in-service week. The 2011-2012 year begins Monday, August 22, with many improvements, including cabinet refinishing, painting, new landscaping, new bathroom floors and new window treatments. Thank you, Brian Ingstad, for also mounting this year's tile creation. This tile wall grows every year and is a beautiful reminder of each person's unique interest.

In addition to the excellent Bible-based curriculum we use,

the children experience many daily and weekly enrichment opportunities. Motor Lab is a 15-minute planned music and movement class for each child each day. Music, dance and storytelling are presented weekly by experts in these areas. The children proudly tend the garden they planted with the help of master gardener, Clyde Berndsen. We attend chapel each week in the Sanctuary. Watch the e-news for special events throughout the year.

August 1 marks the beginning of my 16th year as your Preschool Director. It continues to be a blessing and a privilege to work with a congregation who value children as well as adults. All of

the preschool staff members have worked here for at least seven years, and consider their jobs their ministry. It is a joy to watch the students grow - in some cases from newborns - to active church participants. Some of our former students have recently completed servant events in Puerto Rico and San Francisco. Sarah Huhn has been teaching the children Origami and Japanese culture as part of her scout project.

Our school is blessed because of your ongoing prayer support. May all that we do and say give glory to our Lord.

In His Service,
Sharon Boyer,
Preschool Director
To God be the Glory,

SUNDAY SCHOOL

GREETINGS FROM KIDS OF THE KINGDOM
SUNDAY SCHOOL,

The month of August brings us to a close in our Summer Sunday School sessions. We will have a craft day on August 7th, creating some items to remind us of the fun activities families have shared on vacations, such as the beach, camping and "playing tourist" in San Diego. We also continue our Bible lessons and praise worship. The children will continue meeting in the Courtyard of the Sunday School rooms for Opening and have a bit more "wiggle room" during our action songs. Thanks to Ben for continuing this Ministry to the children.

Remember that children will move up to their next class level on September 4th as we begin the Fall quarter. We will say "so long" to

our fifth graders as they move to the Junior High class and will also begin their Confirmation classes. Our Sunday school classes have grown and we will be in need of a few more individuals to teach this Fall. If you are interested, please contact Joan, Gina or the Church office to indicate your willingness to serve. We are blessed by the volunteers in all areas of Sunday School.

WISE WORDS, excerpt from Penny Blazej's Life Transitions.

"Everything I need to know about life, I learned from Noah's Ark"

- One:** Don't miss the boat.
- Two:** Remember that we are all in the same boat.
- Three:** Plan ahead. It wasn't raining when Noah built the Ark.
- Four:** Stay fit. When you're 600 years old, someone may ask you to

something really big.

Five: Don't listen to critics; just get on with the job that needs to be done.

Six: Build your future on high ground.

Seven: For safety sake, travel in pairs.

Eight: Speed isn't always an advantage. The snails were on board with the cheetahs.

Nine: When you're stressed, float a while.

Ten: Remember, the Ark was built by amateurs; the Titanic by professionals.

Eleven: No matter the storm, when you are with God, there's always a rainbow waiting.

In His Service,
Joan Vrielink-Capito 760-432-9870
Gina Curley 760-294-7791
See you on Sundays!

GOD SQUAD

(3rd – 5th grades)

SUNDAY SCHOOL

Every Sunday morning from 9:00 - 9:45 a.m., in the preschool rooms. We begin our time with singing in the Sanctuary. Come and join us!

YOUTH NIGHT – Our Youth Nights are taking a summer break but will be back in September. See you all then!

Youth Page



JR. HIGH YOUTH

(6th – 8th grades)

BIBLE CLASS

Every Sunday morning from 9:00 to 9:50 a.m., in Room 12.

CONFIRMATION

Confirmation runs on Wednesday evenings from 4:00 - 5:30 p.m. 6th and 7th grades meet in the Ministries Building and 8th grade meets in the Youth Room. New classes will begin in September 2011.



YOUTH NIGHT – Our regular Wednesday night youth nights have completed for the summer but will start again in September.

KNOTT'S SOAK CITY

Monday, August 8th - Join us for our annual trip to Soak City in Chula Vista. Cost is \$20.00 and you will need money for food. RSVP to Jim by Wednesday, July 28.

SUMMER FRIDAY NIGHTS

Do you have a Junior High youth who'd like to stay connected with their Junior High Youth Group/Confirmation class? The Dangel's will be hosting a Friday night event from 5pm-8pm thru August 19th at their home in Valley Center. The evening will begin with swimming and games, followed by dinner and cool Bible study. If you'd like your child to participate in any or all of the dates, please call Maria Dangel @ 760-751-9487 for more information.

SR. HIGH YOUTH NEWS

(High School Age)

BIBLE CLASS

Every Sunday morning from 9:00 to 9:45 a.m., in the Youth Room.

YOUTH NIGHT

Sunday evenings from 6:00 - 8:00 p.m., in the Youth Room.



Join the Youth Group

MYSTERY EVENT

We will be doing a Mystery event on Sunday, August 21. We will meet at Church at 3:00 p.m., and be finished at 5:30 p.m. You will need a couple of bucks for dinner before youth night that evening. Hope to see you for this special event.

NEW FELLOWSHIP OPPORTUNITY ~ DROP IN!

We are offering a new fellowship opportunity over the summer months called "Drop In". This is an open house type of event, where you just drop in to visit with others from the congregation. Just fellowship, just for fun on the last Friday of the month, beginning at 6:30 PM. You bring hors d'oeuvres to share and whatever you would like to drink (that way the host does not need to know how many to plan for) and it's a great opportunity to just visit and get to know some of the other great people at Community. We will be visiting the Dan and Jackie Huhn family (2471 South Summit Circle Glen, Escondido, 92026) on Friday July 29th. If you would like to open up your home on August 26th, contact Donna Hinke at 760-297-1500.

LADIES/MEN'S LUNCH OUT

Would you like to have lunch out with others from Community? The third Friday of each month at 11:30AM will find the group out enjoying a new



restaurant and good fellowship. The ladies sit on one side of the restaurant and the men sit on the other side. In August the restaurant chosen is Cocina del Charro, located at 890 W. Valley Pkwy. (corner of N. Tulip St. and W. Valley Pkwy.) Escondido. Come join us on Friday, August 19th, at 11:30 A.M.! If you have questions, contact Sue Remond at 760-746-2162. Be sure and

sign up at the Information booth so we can make reservations!



A NIGHT ON BROADWAY

Mark your calendar for Friday, September 16th! Community Players Theater will be performing their first ever *Night on Broadway*, a compilation of music from our past shows and some of the performers' favorite musical numbers. Auditions will be held Sunday August 28th from 11:15 – 3:00PM. There will be only two rehearsals, Sunday September 11th at 11:15 and Thursday the 15th at 7:00PM. To schedule an audition, you can sign up at the Information booth or contact Chris Ryan at mrryanmmhs@gmail.com. This will be a one night only show, tickets will be \$10.00 and available Sunday September 4th and 11th and at the door.

FELLOWSHIP

WEDNESDAY BEACH DAYS

Want to stay connected with your church friends during the summer? Let's meet each Wednesday, thru August 24th from 10am – 2pm at the beach at Oceanside Harbor! Bring your own beach gear, lunch, sunscreen, and even some friends who aren't CLC members. We'll be near the 1st life guard station as you drive up to the harbor. Call Maria Dangel @ 760-751-9487.



WOMEN'S RETREAT

~ Save the date ~

Saturday, October 15th, from 10:00 AM



to 3:00 PM at the Mission San Luis Rey in Oceanside. Christine Vogelsang will be our speaker with the theme of "Peace". The cost will be \$30 and will include lunch and a tour of the grounds as well as a day of peace. Registration begins in September, watch for sign ups.



1st Sunday of every month is "Mites for Missions." Donate your loose change. If you do

not have a Mite Box-any container or zip lock bag is fine.



EXTRA PRODUCE?

Do you have extra produce from your garden or trees that you can share? If you have more than you can use, bring it to church on Sunday mornings to share with those who would appreciate the fresh produce! We will set up a table by Keturakat Hall where we can "Share the Wealth." We will have extra bags for people to take what they can use. Anything not taken will be donated to Interfaith. (If you can help by dropping things off at Interfaith, please contact Donna at 1(760) 297-1500.



TAKING A SUMMER BREAK

The Needlework group and peacemaker quilting group are on break for the summer and will resume in September.

50+ BIBLE STUDY & LUNCHEON

Come join us Thursday August 11th for the 50+ Bible Study and luncheon. Pastor Keturakat will be delivering another wonderful bible study. Chef Anderson is planning on cooking pork ribs with coleslaw, sweet potato biscuits and baked beans with pineapple upside down cake for dessert. Be sure to sign up on the patio so we know how many to plan for!



WEBSITE

As you may know, Phil Shubin has kept up our church website for many years, but unfortunately for us, Phil and Vicki have moved to Cardiff-by-the-Sea. Our website will now be managed through the church office.

To view the new website, visit www.clcesc.org. You'll find features such as recent sermons, an interactive calendar, a drama photo gallery and our video announcements. Share the website and spread the word about our congregation! Contact Kristen Beyer in the church office with any questions.

CATARACT AWARENESS

A cataract is a painless, cloudy area in the lens of the eye that blocks the passage of light to the retina. The retina is the nerve layer at the back of the eye. The nerve cells in the retina detect light entering the eye and send nerve signals to the brain about what the eye sees. Because cataracts block this light, they can cause vision problems.

WHAT CAUSES CATARACTS?

Aging and exposure to sunlight can cause cataracts. Changes in your eyes are often a normal part of aging. By the age of 80, fifty percent of Americans have cataracts or have had cataract surgery. Cataracts can also happen after an eye injury, as a result of eye disease, after you use certain medicines, or as a result of health problems such as diabetes. Some children are born with cataracts.

WHAT ARE THE SYMPTOMS?

Cataracts can affect your vision in several ways:

- you may have cloudy, fuzzy or "foggy" vision

- you may see glare from lamps or the sun; you may have trouble driving at night because of glare from car's headlights

- you may need frequent changes to your eyeglass prescription

- you may get double vision in one eye

- your near vision may improve for a short time if you get a cataract; this temporary improvement is called "second sight"

The vision loss from a cataract often happens slowly, and may never become severe; sometimes cataracts do not cause vision impairment.

HOW ARE CATARACTS DIAGNOSED?



Your doctor can find out if you have cataracts by doing a physical exam and by asking questions about your symptoms and past health. You may need other tests to make sure you have a cataract or to rule out other conditions that may be causing vision problems.

In deciding whether to have surgery, it can be very helpful to evaluate the

effect that vision loss from a cataract has on your life. Your doctor may ask you to complete a questionnaire regarding the changes you've experienced in your daily activities due to your vision problems.

If you already have some vision loss that cannot be corrected by cataract surgery, your doctor may perform a low vision evaluation to help find ways for you to make the most of your remaining vision and maintain your quality of life.

HOW ARE THEY TREATED?

Surgery can remove cataracts. For most adults, surgery is only needed when vision loss caused by a cataract affects their quality of life.

There are a number of things you can do that may help you manage your vision problems. Many people get along very well with the help of eyeglasses, contact lenses or other vision aids. Keep your eyeglasses or contact lens prescription up to date. Also, make sure you have plenty of lighting in your home.

You may be able to delay surgery or avoid it altogether, if your cataracts are not causing serious symptoms.

Whether you need cataract surgery depends on how much of a problem the cataract causes for daily activities like driving and reading. Surgery is almost always by your choice (elective) and can be scheduled when it is convenient. For people who decide to have surgery, the surgery usually works very well. (Your vision will likely become clearer, though you may still require eyeglasses for some tasks, such as reading.)

Some people have to have surgery. Children are sometimes born with cataracts that need to be removed. Other people may get cataracts after an eye injury or as a result of eye disease or other health problems. Cataracts from these causes may also need to be removed.

HOW CAN I PREVENT CATARACTS?

There is no proven way to prevent

cataracts. But certain lifestyle habits may help to delay cataract development. These include:

- not smoking
- wearing a hat and sunglasses when in the sun

- avoiding sunlamps and tanning booths
- eating a diet rich in vitamins C and E; eat lots of fresh fruits and green, leafy vegetables; and, take a multivitamin every day

- limiting your alcohol intake
- avoiding the use of steroid medicines when possible (if your doctor has prescribed steroids, do not stop taking them without discussing the risks!)

- keep diabetes under control

For more information about cataracts, talk to your healthcare provider, and read more at

www.webmd.com/eye-health/cataracts

www.nei.nih.gov/health/cataract

www.mayoclinic.com/health/cataracts

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BLOOD PRESSURE CHECK

Come on Sunday, August 14th, and the second Sunday of each month to have your blood pressure checked after the first service. For more information, contact our Parish Nurse, Margaret Simonsen at (760) 749-2692.



"For the life of the flesh is in the blood..." Lev. 17:11

ATTENTION ALL BLOOD DONORS: The next San Diego Blood Drive here at Community will be August 14, 7:00am to noon. Appointments can be made directly to the SDBD online or through Georgia Irvin (wirvin@san.rr.com) If there are any questions you can call Georgia at 858-487-2371.

**HANDBELL CHOIR PRE-SEASON
JUMP START**

All handbell choir members are invited to join us on August 14th from 11:15-12:15pm in the choir room to warm up for our new season! This is open to all current bell ringers as well as anyone interested in becoming a bell ringer. (Ages 8th grade to adult) We will be going over basic techniques for any new ringers, and offering challenging bell rhythms and exercises for our more experienced ringers. There will be something for everyone! Our first music rehearsal will be August 21st, so come flex your bell muscles and get in the mood for our new fantastic season!



SUMMER REUNION

LIFELIGHT REGULARS AND ALUMINI

Mel and Carol Schuler are hosting a party for anyone who has attended the

LifLight classes that were held at the McFerrans home. Please **RSVP** to Carol at 760-749-8284 . Saturday, August 20, 2011 at 4:00 p.m.



PRESCHOOL PRAYER PARTNERS

It's a new school year, and with the new school year comes new outreach opportunities. With new children beginning preschool each week, we are in great need of additional prayer partners from the congregation. The Preschool Prayer Partner program is a ministry of the church that partners members with preschool families to pray for them throughout the year. You will receive the name, birthday, and teacher of one of our preschool students and be asked to pray for their success in school, love in their families, and the growth of their faith. Throughout your time as a prayer partner, you may occasionally

send cards, such as for birthdays and for Christmas, and you are invited but not required to attend events such as the open house, concerts, and graduation. Please contact Kristen Beyer in the church office or sign up at the Welcome Booth on Sunday morning if you are interested.



**SUMMER VACATIONS ARE FUN, BUT
DON'T FORGET CHURCH!**

We encourage you to visit the local LCMS church wherever you are going and if you need the name or address, contact our church office at 760-739-1650 before you go. You may want to consider having your offering directly deposited. Contact Sarah in the church office, all that is needed is your bank routing number, checking account number, amount you wish to have deducted and the start date.

YOUNG ADULTS - GROWING IN FAITH - OUTREACH

YOUNG ADULT GROUP

Ages 18-26

Please join us on Sunday evenings, we meet at 7:00 p.m., at the Old California Coffee House in San Marcos. For info, email Kristen at: kbeyer@clcesc.org. We will finish up the book of 2 Peter this month!



SACK LUNCHES FOR THE HOMELESS

Community Lutheran Church will continue to pack sack lunches on a monthly basis for homeless people in Escondido through Interfaith. Sack lunches should be prepared at church in the Ministries Building anytime the church or preschool is open and delivered by the first Monday of the month. Please sign up at the Information Booth if you are interested in providing the lunch materials, packing the lunches, and delivering them to Interfaith. We need volunteers to make Sack lunches for August 8th.



**SAN MARCOS SATELLITE
LAUNCH TEAM MEETING**

Thank you to everyone who attended the voters meeting for the San Marcos satellite ministry. Our first launch team meeting will be in August, so if you are considering being a part of the launch team, please contact Vicar Joel Beyer in the church office or at jbeyer@clcesc.org as soon as possible. Many families and individuals are needed to start the new worship services!



LIBRARY BOOK REVIEWS

One of the newest features of our website will be book reviews written by our very own church members! If you like to read and frequent our church library, please consider writing a review of a book for our website. The goal is to promote reading, spiritual growth, and the use of our library by the congregation. To write a review, include the book name, book author, a 2-3 sentence summary of the book, and 2-3 paragraphs of details and thoughts on the book. You may inspire someone else to pick up the book from our library! Reviews can also be done on other library materials such as children's books, DVDs, and audio books. Please e-mail reviews to Kristen Beyer at kbeyer@clcesc.org or give to Donna Hinke or Kristen Beyer at the Information Booth on Sunday morning.

CHURCH COUNCIL MINUTES

JULY 10, 2011

PRESENT: Pastor Vogelsang, Jeff Kennedy, Susan Sheetz, John Thompson, Donna Hinke, Rick King, Rich Parker, Tim Johnson, Ronda Graf, Joel Beyer, Kristen Beyer, Loren Kienbaum, Jeff Peterson, Dan Huhn, and John Capito

OPENING: Jeff Kennedy called the meeting to order. Pastor opened the meeting with prayer. The minutes of our June 6, 2011 meeting were reviewed and no correction was needed.

BOARD REPORTS:

- Pastor: Report submitted
- DCE: No report
- DCO: Report submitted by Kristen Beyer
- Youth Ministries: No meeting
- Finance: No meeting
- Treasurer: Report submitted by Rick King
- Education: Report submitted by Ronda Graf
- Worship & Music: No meeting
- Stewardship/Spiritual: Report submitted by Tim Johnson
- Elders: No meeting
- Fellowship: No meeting oral report by Loren Kienbaum
- Outreach: No meeting
- Social Services Ministries: Report submitted by Dan Huhn
- Trustees: Report submitted by Rich Parker



NEW BUSINESS:

Jeff Peterson gave a presentation of information on the San Marcos satellite location. This same information will be presented to the congregation on July 17th when a voters meeting will be held in the Ministries Building.

A letter will be going out to the congregation covering an update on the Mortgage Obligation Fund. Action items will be defined.

Rev. Dr. Mark Logid will be in training soon and will be council for the Stephen Ministry.

Minutes from each board meeting is available for review in the church office.

We closed the meeting with the Lord's Prayer.

Next Church Council meeting is August 1, 2011 at 7:00 p.m.

Respectfully submitted,

Susan Sheetz
Church Council Secretary



COLUMBARIUM COST INCREASE

On June 1st, 2011, the cost of a Double Niche was increased from \$1,100.00 to \$1,200.00 - Single Niche from \$950.00 to \$1,025.00 and the Wall Plaques from \$160.00 to \$175.00 each. Please call Sarah in the Church Office if you would like to purchase a Niche or Wall Plaque, at 1-760-739-1650.

**COMMUNITY LUTHERAN CHURCH AND PRESCHOOL
TREASURER'S REPORT
MAY 2011**

OPERATING FUNDS

	INCOME	EXPENSE	VARIANCE	YTD VARIANCE
General	\$57,779.74	65,317.99	\$1,461.75	\$(17,634.54)
Preschool	17,451.16	17,429.70	21.46	(4,398.76)
BUILDING				
Receipts	57,248.26			
General Fund*	9,600.00			
Preschool*	1,000.00			
Transfer	-			
	<u>67,848.26</u>	67,967.56	(119.30)	(119.30)
TOTAL	143,079.16	141,715.25	(1,363.91)	(22,152.60)

* The General Fund and Preschool have always paid this portion of the mortgage payment.

There was no regular payment made in May because of the re-fi. Payment was made of \$57,367.56, because we had a designated gift of \$40,000 that went to the principal.

Income this year Vs. last year General fund may up \$2,370.68.

Expenses this year Vs. last year May up \$1,671.50 YTD up \$3,437.13.

BUILDING FUND STATUS:

4.30.2011 Balance	288,925.79
April Receipts	57,248.26
April Payment	(57,367.56)
02-28-2011 Balance	288,806.49